

Finding Rest - Scriptures

Proverbs 19:2 “...Do not be hasty and miss the way.”

Proverbs 14:8 “The wisdom of the prudent is to give thought to their ways.”

Psalm 46:10 “Be still and know that I am God”.

Mark 12:30 “Love the Lord Your God with all your heart and with all your soul and with all your mind and with all your strength”.

Psalm 127:2 “to rise up early and stay up late toiling in our work is in vain, for God grants sleep to those he loves.”

1 Corinthians 9:24 “Do you not know that those who run in a race all run, but only one receives the prize? Run in such a way that you may win.

1 Corinthians 6:19- our bodies are the temple of the H.S. If our bodies are weak our spirit won't be quite so willing.

Matt 26:41 “The spirit is willing but the body is weak”

Hebrews 12:1 “Therefore since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance, and the sin which so easily entangles us, and let us run with endurance the race that is set before us”

Proverbs 23:4 “Do not wear yourself out to get rich; have the wisdom to show restraint”.

Psalm 37:7 Be still before the Lord and wait patiently for him

Psalm 46:10 Be still and know that I am God

Proverbs 14:8 The wisdom of the prudent is to give thought to their ways

Matthew 11:30 For my yoke is easy and my burden is light

1 Peter 4:7 The end of all things is near. Therefore be clear minded and self-controlled so that you can pray

Romans 12:2 “And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what the will of God is, that which is good and acceptable and perfect.

Romans 8:28 “And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.”

Philippians 4:6-7 do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

1 Peter 5:7 “Cast all your anxiety on him because he cares for you.”

Matt 6:25-34 “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Proverbs 4:23 “Above all else, guard your heart, for it is the wellspring of life.”

Romans 10:9-10 says that salvation comes from confessing with our mouths and believing in our hearts that Jesus is Lord “for it is with your heart that you believe and are justified.”

Proverbs 3:5 instructs us to trust the Lord with “all your heart.”

1 Peter 1:22 encourages us to “love one another deeply, from the heart.”

Luke 6:45....”for out of the overflow of his heart his mouth speaks.”

Proverbs 27:19 says “As water reflects a face, so a man's heart reflects the man.”

James 3:14-16 “But if you harbor bitter envy and selfish ambition in your hearts, do not boast about it or deny the truth. Such “wisdom” does not come down from heaven but is earthly, unspiritual, of the devil. For where you have envy and selfish ambition, there you find disorder and every evil practice.”

John 16:33 “In this world you will have trouble”

Proverbs 14:30 says “A heart at peace gives life to the body, but envy rots the bones.”

Exodus 20:17 You shall not covet your neighbor’s house, wife, manservant, maidservant, ox, donkey or anything that belongs to him.

John 14:1 Do not let your hearts be troubled. Trust in God; trust also in me”

Col 3:15 “Let the peace of Christ rule in your hearts.” .

1 Timothy 6:6 “..godliness with contentment is great gain.”

Ecc 2:11 “everything was meaningless, a chasing after the wind; nothing was gained under the sun.”

Psalms 62:1 “My soul finds rest in God alone.”

Matthew 11:28-30 “Come to me, all you who are weary and burdened and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”

John 14:31 – “I do exactly what my Father has commanded of me.”

Psalms 131:3 “But I have stilled and quieted my soul; like a weaned child with its mother, like a weaned child is my soul within me.”

2 Timothy 3:16-17 “All scripture is God breathed and is useful for teaching, rebuking correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work.

1 Thes 5:16-18 “Be joyful always, pray continually; give thanks in all circumstances, for this is God’s will for you in Christ Jesus.”

Psalms 46:10 – “Be still and know that I am God”

Rev. 3:20 “Here I am! I stand at the door and knock. If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.”

James 4:8 “Come near to God and he will come near to you.”