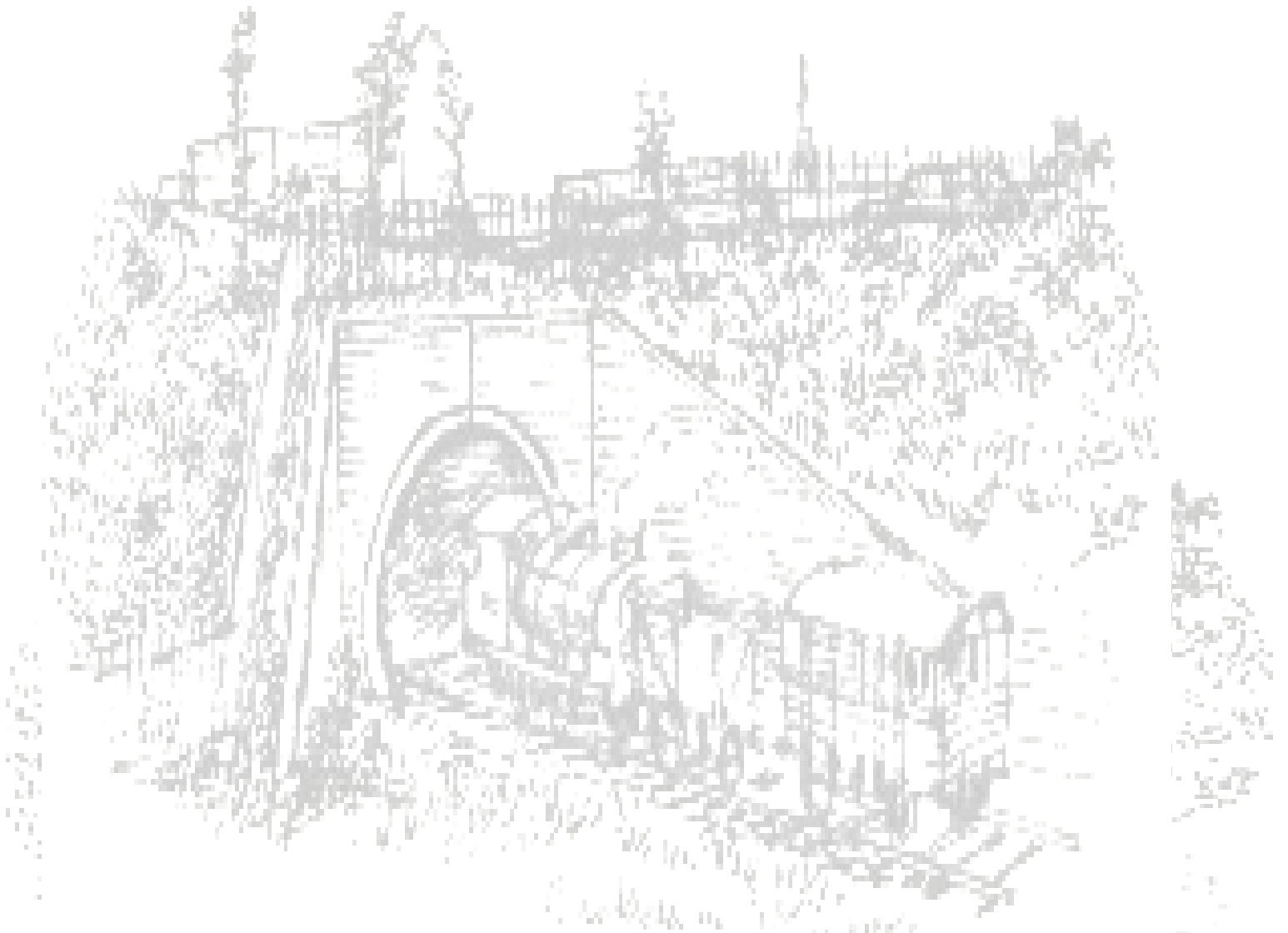


Life on the Train



What are some lessons you've learned on your journey? Are you sharing lessons learned with younger women? How can we help others stay "on track"?

What weighs you down? Give a recent example of rolling your burden on to the LORD.

Share one of your hopes, dreams, challenges, setbacks or goodbyes

Do you agree with the statement "If you're alive, there are lessons to be learned"?

Is it always possible to look for the best in everyone?

How can we be prepared for the last stop? Will everyone arrive in heaven?

Life on the Train

Have you been on an extended train ride? If so, where did you go and how long was your journey?

What are some lessons you've learned on your journey? Are you sharing lessons learned with younger women? How can we help others stay "on track"?

What about unexpected delays or unanswered prayers?

What weighs you down? Give a recent example of rolling your burden on to the LORD.

Share one of your hopes, dreams, challenges, setbacks or goodbyes

Is it always possible to look for the best in everyone?

How can we be prepared for the last stop? Will everyone arrive at the same final destination?

Memory Verse:

"A God-loyal life keeps you on track; sin dumps the wicked in the ditch" Proverbs 13:6 a The Message

"I'm happy from the inside out and from the outside in, I'm firmly formed. You cancelled my ticket to hell - that's not my final destination! Ps. 16:9-10 The Message

"The wisdom of the wise keeps life on track; the foolishness of fools lands them in the ditch" Prov. 14:8 The Message

"In the way of righteousness there is life; along that path is immortality" Prov. 12:28 TNIV