

Types of Abuse

Emotional Abuse

Humiliating the victim
Intimidation
Controlling what the victim can and cannot do
Displaying intense jealousy
Isolating partner from friends and family
Denying victim access to money, transportation, phone, or other basic resources
Not working or Keeping partner from working
Being irresponsible with money
Checking up on partner
Constantly questioning partner about activities
Keeping partner up all night
Manipulating with lies
Threatening to divorce
Having affairs
Disclosing information
Threatening to take custody of children
Threatening suicide

Verbal Abuse

Using Insults
Being Sarcastic
Name Calling
Criticizing
Ignoring
Humiliating
Laughing at partner
Threatening to kill
Threatening to use violence
Making threats to children
Leaving harassing or threatening messages on machine or voicemail

Physical Abuse

Pushing/Shoving
Pulling
Slapping
Biting
Choking
Grabbing
Pinching
Kicking
Spitting
Hair Pulling
Burning
Restraining
Backhanding
Pushing into/pulling out of a car
Banging partners head on wall or floor
Abuse of children and animals
Standing or sitting on partner
Pinning partner against wall or floor
Attacking partner with an object or a weapon
Stabbing
Murder

Sexual Abuse

Unwanted touching
Sexual name calling
Unfaithfulness
False Accusations
Withholding sex as a punishment
Forced sex with partner
Hurtful sex
Insisting partner dress in a more sexual way than she wants
Forcing partner to strip when she doesn't want to
Forced sex with others
Forcing partner to watch others
Rape with object
Forced sex with animals
Unwanted sadistic sexual acts